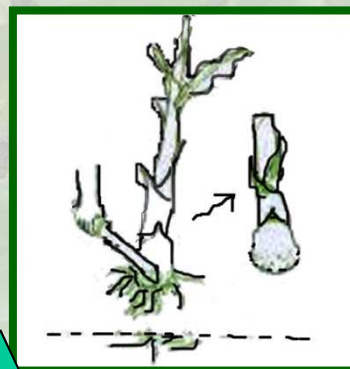


# A simple 3-step protocol to establish a healthy plantain field

1. Get healthy looking suckers without serious rot on the corm, remove all soil and the roots.

30 sec!



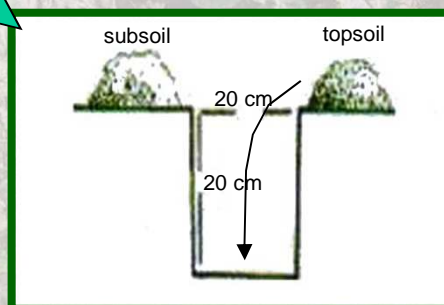
Clean carefully with a machete by removing all rotten plant material. Discard heavily affected suckers.



**Boiling water treatment:** The equipment is cheap, portable and can easily be carried to the field site. It consists of an old oil barrel, a basket, two poles, some rope and fire wood.

2. Kill any pests inside the suckers by hanging suckers in boiling water for **30 seconds**.

3. Dig holes of at least 20 x 20 x 20 cm. The holes should be 2.5 m by 2.5 m apart for variety *Essong* and 2.0 x 2.0 m for variety *Ebang*.



Put the soil from the top 10 cm in a heap and the soil of second 10 cm in a separate heap. Place the sucker on the topsoil in bottom of the hole. Use the subsoil to fill up the hole.

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